

**Newington Blackhawks
2009-2010 Schedule**

December 2009

Schedule of Events

- <http://www.eteamz.com/midstatewrestlingleague/>
- **12-8-09 Practice for 6th-8th Graders is at Wethersfield HS Aux Gym, behind Main Gym**
- **12-13-09 Beginners Tournament in Thomaston CT. More information on www.usawct.org event schedule.**
- **12-17-09 First Home Match of the season against Cheshire ! Tell your friends and lets get a big crowd to see the Blackhawks defend their title as undefeated champs of the Mid State League ! 5:45 PM at Martin Kellogg Middle School. Be There !!!**
- **12-20-09 New Milford Tournament**
- **Whenever you do not have practice you MUST be doing 50 push ups and 50 sit ups every night !**
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Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 Practice for 6th-8th Graders	2 Practice for 3rd-5th Graders	3 Practice for 6th-8th Graders	4 No practice 50 pushups 50 sit-ups	5 No practice 50 pushups 50 sit-ups
6	7 Practice for 3rd-5th Graders	8 Practice for 6th-8th @ Wethersfield	9 No practice 50 pushups 50 sit-ups	10 No practice 50 pushups 50 situps	11 No practice 50 pushups 50 situps	12 No practice 50 pushups 50 situps
13 Beginners Tour Thomaston	14 Practice for 3rd-5th Graders	15 Practice for 6th-8th Graders	16 Practice for 3rd-5th Graders	17 Home vs Cheshire 5:45 PM	18 No practice 50 pushups 50 situps	19 No practice 50 pushups 50 situps
20 New Milford Tour	21 Practice for 3rd-5th Graders	22 Practice for 6th-8th Graders	23 Away Meriden 5:45 PM	24 No practice 50 pushups 50 situps	25 Merry XMAS !	26 No practice 50 pushups 50 situps
27	28 No practice 50 pushups 50 situps	29 No practice 50 pushups 50 situps	30 No practice 50 pushups 50 situps	31 No practice 50 pushups 50 situps		

"The more you wrestle the better you get, the better you get, the more you wrestle..."

10/12/2009

*On the web @
www.newingtonblackhawks.com*

Also very helpful is www.usawct.org for tournament info !

Coach Chris Phone: 860-667-4752

Email: newingtonblackhawks@cox.net



**Newington Blackhawks
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January 2010

Schedule of Events

- <http://www.eteamz.com/midstaterestlingleague/>
- 1-3-10 Southington Tournament @ Southington HS
- 1-7-10 Home Match Southington at Martin Kellogg Middle School. 5:45 PM Be there !!
- 1-9-10 McGee Tournament @ Berlin HS in Berlin. Selected 5th–8th Graders
- 1-14-10 Away Match Berlin at the Old K of C Hall on 143 Percival Ave Berlin CT 06037. 5:45 PM Be there !!
- 1-17-10 Berlin Tournament Berlin HS
- 1-17-10 Middletown Beginner Tournament @ Middletown HS
- 1-21-10 Away Match Plainville. Plainville HS. 5:45 PM.
- 1-24-10 Somers Tournament @ Somers HS and Hartford Beginners Tournament.
- 1-28-10 Away Match Hartford. Classical Magnet School. 5:45 PM.
- 1-31-10 Ledyard Tournament and Bristol Beginners Tournament

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 Happy New Years	2
3 Southington Tour	4 Practice for 3rd-5th Graders	5 Practice for 6th-8th Graders	6 Practice for 3rd-5th Graders	7 Home vs Southington 5:45 PM	8 No practice 50 pushups 50 situps	9 McGee Tour 5-8 Grades
10 Bristol Tour	11 Practice for 3rd-5th Graders	12 Practice for 6th-8th Graders	13 Practice for 3rd-5th Graders	14 Away Berlin 5:45 PM	15 No practice 50 pushups 50 situps	16 50 pushups 50 situps
17 Berlin/Middletown Tour	18 No practice 50 pushups 50 situps	19 Practice for 6th-8th Graders	20 Practice for 3rd-5th Graders	21 Away Plainville 5:45 PM	22 No practice 50 pushups 50 situps	23 No practice 50 pushups 50 situps
24 Somers/Hartford Tour	25 Practice for 3rd-5th Graders	26 Practice for 6th-8th Graders	27 Practice for 3rd-5th Graders	28 Away Hartford 5:45 PM	29 No practice 50 pushups 50 situps	30 No practice 50 pushups 50 situps
31 Ledyard/Bristol Tour						

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February 2010

Schedule of Events

- <http://www.eteamz.com/midstatewrestlingleague/>
- **2-4-09 Away Match Wethersfield 5:45 PM**
- **2-8-09 Away Match Bristol 5:45 PM**
- **2-11-09 Home Match Pomperaug 5:45 PM
Martin Kellogg Middle School**
- **2-14-10 Wethersfield Tournament and
State Tournament for Mighty Mites and
Bantams @ Wethersfield HS**
- **2-21-09 State Qualifiers location TBD**
- **2-28-09 State Championships for Interme-
diate, Novice and Middleschool @ Hill
House HS in New Haven**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Practice for 3rd-5th Graders	2 Practice for 6th-8th Graders	3 Practice for 3rd-5th Graders	4 <i>Away</i> <i>Wethersfield</i> 5:45 PM	5 No practice 50 pushups 50 situps	6 No practice 50 pushups 50 situps
7 New Fair- field Tour	8 <i>Away</i> <i>Bristol 5:45</i> <i>PM</i>	9 Practice for 6th-8th Graders	10 Practice for 3rd-5th Graders	11 <i>Home</i> <i>Pomperaug</i> 5:45 PM	12 No prac- tice 50 push- ups 50 situps	13 No prac- tice 50 push- ups 50 sit- ups
14 <i>Wethers- field Tour</i>	15 No prac- tice 50 push- ups 50 situps	16 No prac- tice 50 push- ups 50 situps	17 No prac- tice 50 push- ups 50 situps	18 No prac- tice 50 push- ups 50 situps	19 No prac- tice 50 push- ups 50 situps	20 No prac- tice 50 push- ups 50 situps
21 <i>State</i> <i>Qualifiers</i>	22 Practice for 3rd-5th Graders	23 Practice for 6th-8th Graders	24 Practice for 3rd-5th Graders	25 Practice for 6th-8th Graders	26 No prac- tice 50 push- ups 50 sit-	27 No prac- tice 50 push- ups 50 situps
28 <i>State</i> <i>Champion- ships</i>						

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**Newington Blackhawks
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March 2010

Schedule of Events

- <http://www.eteamz.com/midstatewrestlingleague/>
- **3-3-09 Fun Night @ Martin Kellogg Middle School.**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 NE Elite	2 NE Elite	3 Fun Night	4 NE Elite	5	6
7 New Eng-lands Cham-pionship	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

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